

Spring 2023 and Fall 2023 Student Learning Outcomes Assessment Plan and Report

College: College of Education

Department: Counseling

Degree Program: Clinical Mental Health Counseling – Master of Arts

The Clinical Mental Health Counseling concentration area prepares students for counseling positions in various community based agencies such as mental health centers, private counseling agencies, substance abuse treatment facilities, centers for counseling the elderly, children, and families, business and industry. The assessments used for this program evaluate various skills that all counselors should possess regardless of specialization area.

Reflection on the Continuous Improvement of Student Learning

- 1. List the changes and improvements your program planned to implement as a result of last year's student learning outcomes assessment data.
- 2. Were all of the changes implemented? If not, please explain.
- 3. What impact did the changes have on student learning?

We updated the SLO to the 2024 standards. We also reduced the number of measures from 3 to 2. The two measures, however, did not change as they aligned to the 2024 standard for this SLO.

SLO:

2016 standard 5.C.1.b Clinical Mental Health Counseling students will be able to identify theories and models related to clinical mental health counseling

2024 standard 5.C.2. mental health service delivery modalities and networks within the continuum of care, such as primary care, outpatient, partial treatment, inpatient, integrated behavioral healthcare, and aftercare

Changes to the Student Learning Outcomes Assessment Plan: If any changes were made to the assessment plan (which includes the Student Learning Outcome, Effectiveness Measure, Methodology and Performance Outcome) for this student learning outcome since your last report was submitted, briefly summarize the changes made and the rationale for the changes.

Beginning the fall 2023 semester, the Department of Counseling began the Self-study as part of the CACREP accreditation process and some slight changes were made to the SLO's to align with the 2024 CACREP Standards that were approved in July of 2023.

Effectiveness Measure: Identify the data collection instrument, e.g., exam, project, paper, etc. that will be used to gauge acquisition of this student learning outcome <u>and</u> explain how it assesses the desired knowledge, skill or ability.

- 1. As a part of completion of CSLG 7170-Introduction to Clinical Mental Health, students complete a community site visit assignment and oral presentation. The evaluation is scored on a 3-point scale. An average score of 2 is considered passing. This scale measures the students' ability to evaluate the site, understand it's applicability, and their ability to gather knowledge. Students should be able to demonstrate the ability to identify contextual factors, theories and models that are appropriate for effective mental health counseling.
- 2. As part of completion of CSLG 6153-Diagnosis and Treatment in Counseling students complete a course resources list that includes information on best practices for specific diagnoses, and individual, as well as family, support resources for each diagnosis.

Methodology: Describe when, where and how the assessment of this student learning outcome will be administered and evaluated. Describe the process the department will use to collect analyze and disseminate the assessment data to program faculty and to decide the changes/improvements to make on the basis of the assessment data.

- 1. In CSLG 7170 students are assigned an experiential assignment that requires them to visit a community clinical mental health site. At the assigned site, students gather information about the services offered, evaluate the process of services, and interview staff. Additionally, students are required to present on a topic that is germane to the setting and provide information on best practices for providing treatment for that selected population. Students are required to reflect on 22 questions provided by the instructor, develop a handout for each class member, and provide materials from their site visit. The presentation and written materials are evaluated using a rubric and uploaded to Taskstream. The scores are evaluated by the instructor.
- 2. In CSLG 6153 students are assigned a clinical resource list assignment. This assignment entails doing research on best practices and community resources for specific diagnoses. Each student creates an exhaustive list of best practices for treatment based on diagnostic categories in the DSM 5 and provides a list of clinical and social support resources appropriate for clients struggling with the specified diagnosis. The resource list is submitted into taskstream and graded on a 3 point rubric (range from 0 to 9; high score of 3 for each category).

Performance Outcome: Identify the percentage of students assessed that should be able to demonstrate proficiency in this student learning outcome and the level of proficiency expected.

- 1. The program expects 85% of all community counseling students to score a minimum of 6 on CSLG 7170 site visit assignment rubric.
- 2. The program expects 85% of students to score a minimum of 6 on the clinical resource assignment.

Student Learning Outcome 3 Counseling MA- Mental Health		2022	2023
Site Visit Presentation	Proficiency%	100%	100%
	Count of Students	45	123
Clinical Resource Assignment	Proficiency%	100%	100%
	Count of Students	45	51

Plans for 2023: Based upon the 2023 assessment data included in this annual report, what changes/improvements will the program implement during the next academic year to improve performance on this student learning outcome?

Based upon the Assessment data, the Clinical Mental Health Counseling Program met all performance outcomes and showed a positive impact on candidate learning. No instructional or program changes were needed.