

NATALIE M. RICCIUTTI, LPCC, NCC, M.S.Ed.
Doctoral Candidate
Kent State University
Department of Lifespan Development and Educational Sciences
Counselor Education and Supervision
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EDUCATION

Ph. D. in Counselor Education and Supervision Graduation:
(CACREP Accredited) August 2022

Kent State University, Kent, OH

Dissertation title: Differences in stigma experienced by licensed counselors toward substance use disorders and behavioral addictions.

Successful defense date: June 8, 2022

M.S. Ed. in Clinical Mental Health Counseling May 2018
(CACREP Accredited)

Youngstown State University, Youngstown, OH

Cumulative GPA: 4.0

B.S. in Psychology May 2016

University of Mount Union, Alliance, OH

Minors: Sociology, History, and Theatre

Summa Cum Laude

PROFESSIONAL CERTIFICATIONS, TRAININGS, AND LICENSURE

Licensed Professional Clinical Counselor (LPCC) in the state of Ohio (2022-present)

- Ohio Counselor, Social Worker, and Marriage and Family Therapist Board; License Number E.2202714 (Active)

Licensed Professional Counselor (LPC) in the state of Ohio (2018-2022)

- Ohio Counselor, Social Worker, and Marriage and Family Therapist Board; License Number C. 1801194 (Closed)

National Board Certified Counselor; ID # 1235259

Formally trained in Motivational Interviewing (2017)

PUBLICATIONS

Ricciutti, N. M. (under review). Predictors of counselors' stigma toward clients with substance use disorders. *The Journal of Addictions & Offender Counseling*

Ricciutti, N. M. (under review). Counselors' stigma toward substance use disorders and process/behavioral addictions: Increasing awareness and decreasing stigma in practice and educational settings. *The Professional Counselor*.

Ricciutti, N. M. & Storlie, C. (under review). Experiences of clinical mental health counselors treating clients for process/behavioral addictions. *The Journal of Addictions and Offender Counseling*

Cureton, J. Giegerich, V., **Ricciutti, N. M.** (in press). Rurality and readiness: Addressing substance use in a legal marijuana state. *The Journal of Addictions & Offender Counseling*.

Ricciutti, N. M., Williams, A. E., & Dowd, S. E. (2021). The effects of a survival horror video game on anxiety. *The Virginia Counseling Journal*, 38, 40-46.

Lowe, H.E., **Ricciutti, N.M.**, & Barrella, K. (2019). Chapter happenings: Leading from behind. *CSI Exemplar*, 36, 15-16.

CURRENT RESEARCH PROJECTS

Ricciutti, N. M., Cureton, J. (In progress – instrument development). The development and validation of a quantitative community readiness instrument to address issues of substance use in communities.

Ricciutti, N. M., Cureton, J. (In progress – instrument development). College Students readiness to address substance use across campus and college counselors' responsibility to increase readiness.

Fisher, A. Barella, K. **Ricciutti, N. M.**, Storlie, C. (In progress – data collection). Chi Sigma Iota Leadership Fellows and Interns (LFIs) experiences with leadership roles in CSI and in the fellowship and internship program.

Ricciutti, N. M. (In progress – data collection). The development and validation of an instrument to measure counseling students' knowledge of process/behavioral addictions prior to graduation.

Osborn, C., Storlie, C., **Ricciutti, N. M.** (In progress – final edits) Publication of dissertations in Counselor Education and Supervision.

GRANT EXPERIENCE

2021 **Grant Contractor and Writing Contributor, The Development and Validation of a Quantitative Community Readiness Instrument to Address Issues of Substance Use in Communities**
Foundation for Opioid Response Efforts - \$450,000 (not awarded)

- 2021 **Lead Grant Writing Contributor, The Development and Validation of a Quantitative Community Readiness Instrument to Address Issues of Substance Use in Communities**
The Association for Assessment and Research in Counseling, the Donald Hood Student Research Grant - \$500 (not awarded)
- 2019 **Lead Grant-Writing Contributor, The First CSI Ohio Statewide Conference**
Chi Sigma Iota, Statewide and Regional Networking Grant - \$800 (awarded)
- 2018 **Principle Investigator, Counseling Students Perceptions on Treating Process Addictions**
Chi Sigma Iota Excellence in Research Award - \$425 (not awarded)
- 2017 **Principle Investigator, The Effects of a Survival-Horror Video Game on Anxiety**
Youngstown State University Research Council Grant - \$1,390 (awarded)
- 2017 **Grant-Writing Contributor, The United Way of the Mahoning Valley**
Taft Promise Neighborhood Grant through the U.S. Department of Education – \$6 million (not awarded)

PRESENTATIONS

National/International

- Ricciutti, N. M.** (2021, October). *Preventing stigma from the beginning: Counselor's addiction stigma and how to prevent it through education and supervision*. Association for Counselor Education and Supervision Conference, Atlanta, GA.
- Williams, A. E., Bruns, K., **Ricciutti, N. M.**, & Barrella, K. (2021, October). *The art of teaching in counselor education: Learning through collaboration*. Association for Counselor Education and Supervision Conference, Atlanta, GA.
- Ricciutti, N. M.** & Barrella, K. A. (2019, October). *The importance of a process addictions course at the counseling master's level*. Association for Counselor Education and Supervision Conference, Seattle, WA.
- Protivnak, J., Williams, A. E., Pringle, K., Quotson, S., **Ricciutti, N. M.**, Vollnogle, H. (2018, April). *Suicide awareness on the campus of Youngstown State University*. American Counseling Association Conference, Atlanta, GA.

Williams, A. E., Marafiotte, G., **Ricciutti, N. M.**, Vollnogle, H. (2018, February). *The impact of addiction on development and families: A graduate course for counseling students*. International Association of Marriage and Family Counselors, New Orleans, LA.

Regional

Ricciutti, N. M. *The Importance of Supporting the Research and Scholarly Activities of Graduate Students*. (Upcoming. 2022, October). Southern Association for Counselor Education and Supervision Conference, Baltimore, MD.

Contos, L., Fisher, A., **Ricciutti, N. M.**, & Barrella, K. (2021, April). *Spring 2021 online regional summit: Regional networking*. Chi Sigma Iota, Online Regional Summit.

Ricciutti, N. M. & Barrella, K. A. (2020, October). *The lack of education on process addictions in counseling programs and its potential impact*. North Central Association for Counselor Education and Supervision Conference, Omaha, NE (Conference canceled).

State

Ricciutti, N. M., Gordon, F., Swaney, C., Fisher, A., Revels, D. (2021). *Graduate Student Panel*. All Ohio Counselor Conference, Columbus, OH.

Ricciutti, N. M. & Swaney, C. (2019, March). *How to thrive as a doctoral student*. Ohio Counselors Association Spring Conference, Dublin, OH.

Swaney, C. & **Ricciutti, N. M.** (2019, March). *Resumés, cover letters, and job hunting for master's students*. Ohio Counselors Association Spring Conference, Dublin, OH.

Blankenship, D. & **Ricciutti, N. M.** (2017, October). *Guided metaphor: Combining guided imagery and metaphors to treat children & adolescents*. All Ohio Counselor Conference, Columbus, OH.

Williams, A. E., & **Ricciutti, N. M.** (2017, October). *Working with families impacted by addiction: Promoting systemic change*. All Ohio Counselor Conference, Columbus, OH.

Local

Ricciutti, N. M. (2019, April). *Process and substance use addictions: Differences in diagnosis, treatment, and successful outcomes*. Kent State University Graduate Research Symposium, Kent, OH.

Ricciutti, N. M. (2018, April). *The effects of a survival-horror video game on anxiety and depression*. Youngstown State University's QUEST Day, Youngstown, OH.

Ricciutti, N.M. & Vollnogle, H. (2017, March). *Mood disorders among college students*. Youngstown State University Mental Health Advocacy Day, Youngstown, OH.

Ricciutti, N. M. (2017, April). *The effects of a survival-horror video game on anxiety*. Youngstown State University's QUEST Day, Youngstown, OH.

Bell, E. K., Lambert, C., **Ricciutti, N. M.** & Shankle, Z. (2016, May). *The effects of emotional literature on memory*. The University of Mount Union's Scholar Day, Alliance, OH.

Ricciutti, N. M. (2015, March). *Moral development and moral reasoning in Adolescents*. Mid-Eastern Honors Association Conference, Kent, OH.

Ricciutti, N. M. (2015). *Moral development and moral reasoning in Adolescents*. University of Mount Union's Honors Forum, Alliance, OH.

ADDITIONAL RESEARCH EXPERIENCE

Co-Researcher – The Effects of Emotional Literature on Memory, 2016

The University of Mount Union, Alliance, OH

Senior Thesis

- Measured the participant's electro-dermal activity while they read either a positive or negative short story.
- Oriented participants to a memory quiz reflecting either of the two stories.

Research Intern, 2015

The Cleveland Clinic Center for Autism, Cleveland, OH

- Assisted with the study, A Randomized, Cross-Over Study of the Efficacy of Mattress Technology in Improving the Sleep Quality of Children with ASD and Sleep Disturbance, 2015
- Assisted with the study, Evaluating the Validity of an Eye Gaze Tracking Assessment Tool in Identifying Autism Spectrum Disorder, a Meta-Analysis, 2015
- Assisted with the study, Targeted Applied Behavior Analysis (T-ABA) Group Based Early Intervention for Parents of Children with ASD

Sole Researcher – Moral Development and Moral Reasoning in Adolescents, 2014

The University of Mount Union, Alliance, OH

Honors in the Major Project.

Wrote an extensive literature review on how adolescents develop morality.

Laboratory Assistant, 2014

University of Mount Union, Alliance, OH

- Adult Temperament Differences in College
- Hemispheric Influences on Aggression and Health
- Impact of Imagery on Physiological Arousal and State Personality

Positive Psychology Influences on Cardiac Function

UNIVERSITY TEACHING EXPERIENCE**Instructor of Record**

Instructor of Record, University of North Carolina at Charlotte <i>Department of Counseling</i>	Charlotte, NC
Ethical and Professional Issues in Counseling	Fall, 2022
Instructor of Record, University of North Carolina at Charlotte <i>Department of Counseling</i>	Charlotte, NC
Group Counseling	Fall, 2022
Instructor of Record, Youngstown State University <i>Counseling</i>	Youngstown, OH
Addiction Counseling: Treatment and Interventions	Spring, 2022
Instructor of Record, Youngstown State University <i>Counseling</i>	Youngstown, OH
Appraisal Methods in Counseling	Spring, 2022
Instructor of Record, Cleveland State University <i>Counselor Education</i>	Cleveland, OH
Ethical and Legal Issues in Counseling	Spring, 2021
Instructor of Record, Cleveland State University <i>Counselor Education</i>	Cleveland, OH
Ethical and Legal Issues in Counseling	Fall 2020
Instructor of Record, Kent State University <i>Counselor Education and Supervision (Undergraduate)</i>	Kent, OH
Small Group Process	Spring 2020
Instructor of Record, Kent State University <i>Human Development and Family Services (Undergraduate)</i>	Kent, OH
Family Intervention Across the Lifespan	Fall 2019

Co-Instructor

Co-Instructor, Kent State University <i>Counselor Education and Supervision</i> Counseling Skills and Techniques	Kent, OH Fall, 2021
Co-Instructor, Kent State University <i>Counselor Education and Supervision</i> Orientation and Ethics in School Counseling	Kent, OH Fall, 2021
Co-Instructor, Cleveland State University <i>Counselor Education</i> Psychopharmacology	Cleveland, OH Spring, 2021
Co-Instructor, Kent State University <i>Counselor Education and Supervision</i> Group Work: Theory and Technique	Kent, OH Fall, 2020
Co-Instructor, Youngstown State University <i>Counseling</i> Addiction Counseling: Treatment and Interventions	Youngstown, OH Spring 2020
Co-Instructor, Kent State University <i>Counselor Education and Supervision</i> Practicum II	Kent, OH Fall, 2019
Co-Instructor, Kent State University <i>Counselor Education and Supervision</i> Lifespan Development	Kent, OH Fall 2019

Guest Lecture

Guest Lecturer, Kent State University <i>Counselor Education and Supervision</i> Foundations of School Counseling	Kent, OH Spring, 2021
Guest Lecturer, Youngstown State University <i>Counseling</i> Counseling Methods	Youngstown, OH Spring, 2021
Guest Lecturer, Youngstown State University <i>Counseling</i> Orientation and Ethics in Counseling	Youngstown, OH Fall, 2020

Guest Lecturer, Kent State University
Human Development and Family Services

Kent, OH

Practices and Theories in Addiction Counseling

Spring 2020

Guest Lecturer, Youngstown State University
Counseling

Youngstown, OH

Introduction to Health and Wellness

Spring 2018; Spring 2017

CLINICAL AND SUPERVISION EXPERIENCE

Licensed Professional Counselor, Private Practice

5/19 – present

Middle Path Counseling, Kent, OH

Working with a weekly caseload of approximately 15 clients of various ages, presenting with anxiety disorders, depressive disorders, substance use disorders, and adjustment disorders. Under the supervision of Michelle Culley, MA, LPCC-S

Doctoral Student Supervisor, Counseling Center

1/19 – 5/19

Kent State Counseling Center, Kent, OH

8/19- 12/19

Supervised three master's-level counseling students during their practicum experience. Reviewed recorded sessions and clinical notes. Provided constructive feedback and resources to practicum students. Held one-hour weekly supervision with each practicum student and received one-hour weekly supervision with practicum instructor. Under the supervision of Jennifer Waugh, MA, LPCC-S and Stephanie Collins, M.Ed., LPCC-S

Mindfulness Yoga Group, Counseling Center

10/18 – 5/19

Kent State Counseling Center, Kent, OH

Lead an open group once a week in mindfulness-based yoga practices. Under the direction of Dr. Jason Miller, Ph.D., LPCC-S

Counseling Center Graduate Assistant, Counseling Center

8/18 – 8/19

Kent State Counseling Center, Kent, OH

Assisted in the administration of the Counseling Center. Scheduling clients using the computer system, Titanium. Saw walk-in clients who were in crisis. Provided short-term supervision to master's practicum students. Under the direction of Dr. Jason Miller, Ph.D., LPCC-S

Advanced Counseling Practicum Student, Counseling Center

8/18 – 12/19

Kent State Counseling Center, Kent, OH

Completed a 100 total hour, semester long doctoral advanced counseling practicum. Worked with Kent State University students, both at the undergraduate and graduate levels. Received weekly triadic and group supervision. Provided diagnosis and treatment of mental and emotional disorders for individual clients. Under the supervision of Dr. Greg Emanuelson, Ph. D., LPCC-S

Counselor Trainee, Private Practice

5/17 – 8/18

Churchill Counseling Private Practice, Youngstown, OH

Completed a 750 hour, yearlong master's level clinical mental health counseling internship. Received weekly individual supervision. Worked a minimum of 20 hours per week including diagnosis and treatment of mental and emotional disorders in children, adolescents, and adults through individual counseling. Under the supervision of Jennifer Palumbo, LPCC-S

Practicum I Counseling Student, Counseling Center

1/17 – 5/17

Youngstown State University Community Counseling Clinic

Completed a 100 hour, semester long master's level clinical mental health counseling practicum. Worked with Youngstown State University students at the undergraduate level, and with members of the Youngstown community. Received weekly individual, triadic, and group supervision. Provided diagnosis and treatment of mental and emotional disorders through individual counseling. Under the supervision of Dr. Dave Blankenship, Ph.D., LPCC-S, NCC

COMMITTEE MEMBERSHIP AND LEADERSHIP

2021-2022

- Chair, Graduate Student Committee, Ohio Association of Counselor Education and Supervision
 - Developed and coordinated the Graduate Student Symposium, to be held at the 2022 OACES Conference, Youngstown, OH
- Chair, Membership Committee, Easter Ohio Counseling Association
- Co-Chair, OCA Graduate Student Committee
 - Coordinator of the 2021 Graduate Student Poster Presentation, AOCC, Columbus, OH
 - Developed and organized the AOCC Graduate Student Panel, AOCC, Columbus, OH

2020-2021

- Chair, Graduate Student Committee, Ohio Association of Counselor Education and Supervision
- Chair, Membership Committee, Easter Ohio Counseling Association
- Co-Chair, Professional Development Committee, Chi Sigma Iota, Kappa Sigma Upsilon, Kent State University
- Co-Chair, OCA Graduate Student Committee

- Coordinator of the 2020 Graduate Student Poster Presentation, AOCC, Columbus, OH
- Developed and organized the first AOCC Graduate Student Panel, held virtually
- Developed and organized the second Graduate Student Panel, held virtually
- Member, Research Seminar Group, Kent State University

2019-2020

- Chair, Membership Committee, Eastern Ohio Counseling Association
- Co-Chair, Professional Development Committee, Chi Sigma Iota, Kappa Sigma Upsilon, Kent State University
 - Co-Creator and Co-Coordinator of the First Annual CSI Ohio Conference, Kent, OH
 - Included in the yearly strategic planning meeting of 2019
- Member, OCA Graduate Student Committee
 - Creator and Co-Coordinator of the 2019 Graduate Student Poster Presentation, AOCC, Columbus, OH
- Member, Research Seminar Group, Kent State University
- Member, Research Sub-Committee, Restorative Justice Committee

2018-2019

- Chair, Membership Committee, Eastern Ohio Counseling Association
 - Included in the yearly strategic planning meeting of 2019
- Member, Graduate Student Committee, Ohio Counseling Association

2017-2018

- Secretary, Chi Sigma Iota, Eta Chapter, Youngstown State University

2015-2016

- Secretary, Senior Class of 2016, University of Mount Union
- Vice President, Psychology Club, University of Mount Union

2014-2015

- Vice President, Psychology Club, University of Mount Union

HONOR ASSOCIATIONS AND AWARDS

2022

- Recipient, the David T. Brooks Award

2020

- Recipient, the Counseling and Human Development Services (CHDS) Faculty Scholarship (Fall)
- Recipient, the Counseling and Human Development Services (CHDS) Faculty Scholarship (Spring)

2019

- Recipient, the OACES All Ohio Counselors Conference Scholarship
- Recipient, the EOCA All Ohio Counselors Conference Scholarship
- Recipient, Kent State University Graduate Student Fall Travel Award
- Recipient, Kent State University Chi Sigma Iota Chapter Research Award
- Recipient, Kent State University Graduate Student Spring Travel Award
- Recipient, the Counseling and Human Development Services (CHDS) Faculty Scholarship

2018

- Recipient, the EOCA All Ohio Counselors Conference Scholarship

2017

- Member, Chi Sigma Iota (CSI) Counseling Honorary Organization
 - Kappa Sigma Upsilon (2018-present)
 - Eta Chapter (2017-2018)

PROFESSIONAL AFFILIATIONS

- National Association for Addiction Professionals (NAADAC; 2020-present)
- Association for Assessment and Research in Counseling (AARC; 2020-present)
- Ohio Association of Alcoholism & Drug Abuse Counselors (OHAADAC; 2020-present)
- International Association for Addiction and Offender Counseling (IAAOC; 2019-present)
- Association for Counselor Educators and Supervisors (ACES; 2018-present)
- North Central Association for Counselor Educators and Supervisors (NCACES; 2018-present)
- Ohio College Counseling Association (OCCA; 2018-present)
- Ohio Association of Counselor Education and Supervision (OACES; 2018-present)
- Chi Sigma Iota (CSI; 2017-present)
- Eastern Ohio Counseling Association (EOCA; 2016-present)
- Ohio Mental Health Counseling Association (OMHC; 2016-present)
- Ohio Counseling Association (OCA; 2016-present)
- American Counseling Association (ACA; 2016-present)
- American College Counseling Association (ACCA; 2019-2020)
- Association for Humanistic Counseling (AHC; 2018-2020)

RELATED EXPERIENCE**Registered Yoga Teacher (RYT-200)**

8/21 – present Release Yoga and Skin Solutions
Akron, OH

Completed the 200-hour training focusing on a variety of topics, including various styles of yoga, the mental health and physical benefits of yoga, and teaching yoga to specific populations. Under the supervision of Pattie Wagner (RYT-500) and Elyse Morckel (RYT-200).

Program Graduate Assistant

8/19 – 12/19

American Sign Language (ASL)/English Interpreting
Kent State University, Kent, OH

Assisted in the research and administration with two full-time faculty members. Searched for literature on various topics related to ASL, teaching ASL, and interpretation. Located and reviewed grants that were applied to for program expansion and development. Under the supervision of Dr. Jamie McCartney, Ph.D. and Kathy Geething, M.A.

Departmental Graduate Assistant

9/16 – 5/18

Department of Counseling, School Psychology, and Education Leadership
Youngstown State University, Youngstown, OH

Assisted in the administration and organization of the largest graduate department at the university. Created yearly newsletters for the department using InDesign to recognize individuals in the program. Represented the program at various graduate school and career fairs across the North-East Ohio area. Under the supervision of Dr. Jake Protivnak, Ph.D., LPCC-S, NCC

University Intern

5/14 – 8/14

Daybreak Youth Crisis Center, Youngstown, OH

Helped children between the ages of 11 and 18 who could not stay at home. Observed counseling sessions with children and their parents. Completed admission and exit paperwork. Eased the transition for the children by playing games and going on walks in the neighborhood. Under the supervision of Jan Baharis, LPCC-S