THE UNIVERSITY OF NORTH CAROLINA AT CHARLOTTE

Department of Counseling

**Mid-Semester Self-Evaluation**

1. How are you progressing toward meeting your goals as stated at the beginning of the semester? Please be specific and provide examples.

2. What you have learned about:

a. counseling in general

b. supervision in counseling

c. yourself as a counselor

3. Evaluate your skills and effectiveness as a counselor based on:

a. receiving feedback from peers

b. receiving feedback from supervisors

c. self-assessment